

Bark River-Harris 2016-2017 Fluoride Program

Dear Parents of Students in Grades 1-6:

The PTO at Bark River-Harris Schools will again be sponsoring the **Weekly Fluoride Mouth Rinse Program** throughout the 2016-2017 school year. We will be doing fluoride on Friday this year. We would like to begin on Friday, September 16.

The program is conducted in the classroom by PTO volunteers. The procedure takes about 5 minutes each Friday morning with students rinsing the fluoride solution for one minute, 15 seconds on both the left and right sides and in the front and back of the teeth. Students should not drink or eat anything for a half an hour after rinsing. Research has shown a 30% reduction in tooth decay for students participating in this program.

There will be a cost of **\$1.00 per student per school year.**

Before your child can take part in the program, we need **parent/guardian permission.** Please complete the form below and have your child bring it to his/her **classroom teacher.** Your child cannot participate without your signed permission.

We ask you to please **return this form by Friday, September 9** stating whether or not your child will participate in the program, so accurate records may be kept on file. By your signature, we know that you have received this information and responded.

If you have any questions, please call me at 466-5334 ext. 113.

Sincerely,

Mrs. Kelly A. Erdody
Elementary Principal

BR-H Weekly Fluoride Program Form

Please fill out and return to your **student's teacher.** Please attach **\$1.00** for **participating** students.

Student's Name: _____

Teacher's Name _____ Grade _____

Has permission to participate in the weekly Fluoride Mouth Rinse Program Yes _____ No _____

Parent Signature _____ Date _____